

# buffa's dance studio 2020-2021 class schedule

## Children's Classes

## Ballet

## Jazz

## Lyrical/ Contemporary

### Dance Movement - Age 3

Wed 5:30-6:05 LB/LM  
Z Thur 10:30-11:05 BT

### Adv Dance Movement - Age 4

Mon 2:30 LB  
Wed 4:45 LB/LM  
Z Thur 9:00 BT  
Thur 5:30 BT

### Dance I - Age 5

Mon 3:15 LB  
Tue 6:15 BT  
Wed 5:30 SS  
Z Thur 9:45 BT  
Thurs 5:30 LB/LM

### Dance II - Age 6

Z Mon 4:45 LB  
Tues 5:30 BT  
Wed 6:15 LB/LM  
Thur 4:45 BT  
Thurs 6:15 KA

### Pre-Ballet - Age 7

Mon 4:00 JL  
Z Wed 6:15 SS

### Tap-Jazz - Age 7

Mon 4:45 JL  
Z Wed 5:30 KA

### Beginning/Int

(8-10) Z Wed 7:00 SS  
Thur 6:15 LB/LM

### Int I

(9-11) Z Mon 6:15 SS  
Thur 7:00 LB/LM

### Int I+

(10-12) Tue 7:00 LB  
Z Wed 7:45 SS

### Int II/III

(10-12) Z Mon 3:15 MH/EB

### Int IV/V

(12+) Z Tue 7:45 LB

### Int VI

(13+) Z Tue 8:30 LaB

### Advanced ②

Junior Z Tue 4:45-6:15 VB

Adv A Z Thur 4:00-5:30 VB

Adv B Z Tues 8:30-9:30 VB

③ Pro 2 Tue 7:00-8:30 VB

Z Sat 11:00-12:30 NB

③ Pro 1 Thur 7:00-8:30 VB

Z Sat 12:30-2 NB

### Ballet Core Program ⑥ □

Taken with additional ballet class to reinforce ballet posture, correct placement and strengthen legs and feet through barre, center and across the floor exercises with the goal of improving ballet technique. Includes End of year testing and additional June Parent's Days (Levels I, I+, II/III, IV/V, VI)

Z Fri 5:30 NB

### Ballet Intensive Program ⑥

Taken with additional ballet class to refine skills using exercises for balance, control and posture to add strength, recall and body placement. Pointe portion (for those on pointe - Beg Pointe students need approval from pointe teacher before using shoes) is last 30 mins and builds on proper foot placement. Includes End of year testing and additional June Parent's Days (Adv Levels)

Z Fri 4-5:30 NB

### Beginning/Int

(8-10) Z Wed 4:45 KA  
(8-10) Wed 7:00 SP  
(11+) Z Tue 7:00 LaB

### Int I

(9-11) Z Thur 6:15 JT  
(12+) Z Mon 7:00 LaB

### Int I+

(10-12) Z Thur 7:00 JT

### Int II/III

(10-12) Z Thur 5:30 JT

### Int IV/V

(11+) Z Tue 7:00 JB

### Int VI

(11+) Z Wed 7:45 JT

### Advanced ②

Adv A Z Mon 6:15 EB

Adv B Z Wed 8:30 JT

Pro 2 Z Thur 7:45 JT

Pro 1 Z Thur 8:30 JT

### Beginning/Int

(7-9) Z Wed 5:30 SP  
(10+) Z Thur 7:00 KG

### Int I

(8-10) Z Wed 4:45 SS

### Int II

(9-11) Z Mon 2:30 MH/EB  
(12+) Z Thur 7:45 KG

### Int III/IV

(10-12) Z Mon 7:00 SS

### Int V

(10+) Z Mon 5:30 EB

### Int VI

(10+) Z Mon 7:45 SS

### Advanced ②

Adv B Z Thur 8:30 KG

Adv A Z Tue 7:00 EB

Pro 2 ① Tue 6:15 EB

Pro 1 ① Tue 5:30 EB

## Aerial Silks

Perform aerial acrobatics while hanging from silks fabric. Climb the suspended fabric and wrap, suspend, fall, swing, and spiral your body into and out of various positions. Increases upper body strength, core stability and flexibility.

Small Mini Camps to allow each participant their individual Silk to be announced via Email in future.

## Acro Dance ⑥ □

Cartwheels, bridges, headstands, hand stands, backbends, focusing on building strength and being upside down. Proceeding to front walk overs, chin stands, elbow stands, walk overs with control, strength, and flexibility and scissor walkovers, tinsikas, hand walks and more in depth flexibility, control, and strength movements.

Includes Progress reports and additional June Parent's Days

Beg/Int (Age 6-9) Z Mon 4:00 NG  
(Age 10+) Z Mon 7:00 NG

Int (Age 8+) Z Mon 6:15 NG

Int II (Age 10+) Z Wed 7:00 NG

Adv ② Mon 7:45 NG

Adv Pro ② Mon 4:00 LaB  
(will have recital)

### Acro Performance Class

Taken in addition to an Acro class - will work on Performance Acro Skills and will perform in Recital (Age 9+) Wed 6:15 NG

See back for:  
Instructors,  
notes, and  
more classes!

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<b>Pointe</b> ②⑤	<b>Hip Hop</b>	<b>Companies</b>	<b>Instructors</b>
<b>Pre-Pointe</b> ④⑥ Z Mon 4:00 LB Wed 7:00 LB	<b>Beginning/Int</b> (7-10) Z Mon 2:30 NG (7-10) Wed 5:30 NG (10+) Z Wed 7:00 KA	<i>Company groups with classes in Jazz, Lyrical/Contemporary, Hip Hop and Technique. Performance and Competition opportunities throughout the year. Builds team spirit, confidence and encourages artistry and joy through dance. Please email for more specific information based on Performance Group and also see Handbook for more details.</i>  <i>Rhinestones &amp; Crystals must enroll in at least one other dance class.</i>  <i>Diamonds must enroll in at least four other dance classes (must include ballet and jazz) and is Director's invitation only – please email if you are interested and did not yet Audition.</i>  <i>Dance Company must enroll in at least five other dance classes (must include 2 ballet and 1 jazz) and is Director's invitation only by Audition.</i>	KA Karlyn Ankrom NB Nickolai Balatsenko VB Victoria Bartlett JB Jennifer Baxter NBe Natalie Berkeley LB Linda Boyle EB Emma Bradley LaB LeeAnn Bushar LF Laura Fong NG Nikki Gambhir KG Karissa Grady MH Melissa Hargett HL Hannah Lee JL Jamee Lyons LM Lisa Mitchell SP Stephanie Patterson SS Sonia Siddiq KS Katie Storch JT JT Thomas BT Bryana Trupo HT Hilary Tone
<b>Beg</b> Mon 5:30 LB	<b>Int I</b> (8-10) Z Mon 3:15 NG (11+) Z Mon 5:30 NG		
<b>Beg/Int</b> Tue 6:15 LB	<b>Int II/III</b> (9-11) Z Mon 4:45 NG		
<b>Int I</b> Mon 6:15 LB	<b>Int IV/V</b> (10+) Z Wed 7:45 KA		
<b>Int II</b> Thur 5:30 VB	<b>Int VI</b> (10+) Z Wed 7:00 NBe		
<b>Int III</b> Tues 7:45 LaB	<b>Advanced</b> ② Adv B Z Mon 8:30 HL Adv A Z Tues 7:45 KS		
<b>Int IV</b> Thur 6:15 VB	<b>Pro 2</b> ① Tue 8:30 KS <b>Pro 1</b> ① Mon 7:00 EB		
<b>Advanced</b> Pro 2 Thur 8:30 VB Pro 1 Tue 6:15 VB			

## Notes

- ① All classes are 45 min unless otherwise indicated. To allow for social distanced dismissal, each class will end a few minutes early.
- ② Director's approval necessary
- ③ This ballet level must be taken at least twice a week (or with Ballet Intensive class or another ballet class)
- ④ Pre-Pointe is a pre-requisite for Pointe and is in addition to a regular ballet class.
- ⑤ Students in this class must also take ballet.
- ⑥ No Recital
- Additional June Parent's Day
- ① Class Competes - piece will be rehearsed during class until events in Feb and March. Costume fees due Sept 16<sup>th</sup> for these classes. Competition Fees collected online.
- Z = This class will also be livestreamed via Zoom for Virtual participation

## Broadway Musical Theater

Musical Theater students must be enrolled in at least one other dance class. See Handbook for class description.

(Grades 5-12) Z Wed 8:30 SP

## Leaps, Tricks, Turns/Dance Improvisation ⑥

Int (10-13) Z Wed 6:15 SP  
Adv (13+) Z Wed 7:45 SP

## Tap

**Beginning/Int**  
(8-10) Z Thurs 7:00 BT  
(10+) Z Wed 8:30 KA

**Int I**  
(9-11) Z Thur 5:30 KA

**Int II/III**  
(10-12) Z Wed 6:15 KA

**Int IV/V**  
(10-13) Mon 7:00 NBe  
Z Thur 6:15 BT

**Advanced** ②  
Adv B Z Tues 7:45 JB  
Adv A Z Mon 7:00 HT  
Pro 2 ① Mon 8:30 HT  
Pro 1 ① Mon 7:45 HT

*Ensemble is Pre-professional training program offering technique, conditioning and extra performance opportunities that gives serious dancers an inside look at what it takes to be in a company/professional atmosphere. By Audition Only.*

**Rhinestones (Grades K-3<sup>rd</sup>)**  
Mon 5:30 MH/SS

**Crystals**  
**(Group II - Grades 3<sup>rd</sup>-4<sup>th</sup>)**  
Mon 4:00 MH/EB  
**(Group I - Grades 5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup>)**  
Mon 4:45 MH/EB

**Diamonds** ②⑤  
**(Group II - 1<sup>st</sup> Year Diamonds)**  
Mon 6:15 LaB  
**(Group I - 2<sup>nd</sup>/3<sup>rd</sup> Year Diamonds)**  
Tues 6:15 LaB

**Dance Company**  
**(Grades 8<sup>th</sup>-12<sup>th</sup>)** ②⑤  
Adv A Mon 5:30 LaB  
Adv Pro 2 Mon 7:45 LaB  
Adv Pro 1 Mon 8:30 LaB

**Ensemble** ②⑤  
**(Grades 6<sup>th</sup>-12<sup>th</sup>)**  
II Mon 4:45 LaB  
I Tue 4:30-5:30 EB

Buffa's Dance Studio, Ltd.  
9570H Burke Road  
Burke, Va 22015  
Tel: 703-425-5599  
[www.buffas.com](http://www.buffas.com)  
[BuffaDance@msn.com](mailto:BuffaDance@msn.com)  
August 2020