

buffa's dance studio 2016-2017 class schedule

Children's classes

Ballet

Jazz

Lyrical/Contemporary

Dance Movement - Age 3

Mon	5:25-6:00	LM
Thur	3:55-4:30	LM
Sat	11:15-11:50	NG

Adv Dance Movement - Age 4

Mon	3:45	LM
Wed	5:15	LM
Thur	4:30	LB
Sat	9:00	NG

Dance I - Age 5

Mon	4:30	AF
Wed	6:00	LM
Thur	5:15	LM
Sat	9:45	NG

Dance II - Age 6

Mon	6:00	LM
Tue	4:30	AF
Wed	4:30	LM
Thur	6:00	LM
Sat	10:30	NG

Pre-Ballet - Age 7

Mon	5:15	AF
Wed	6:45	LM
Thur	6:00	LB

Tap-Jazz - Age 7

Mon	4:30	LL
Wed	6:00	KW
Thur	6:45	LM

Beginning/Int

(8-10)	Mon	5:15	LL
	Tue	5:15	LL
	Thur	5:15	LB
(11+)	Wed	7:30	LB

Int I

(9-11)	Mon	6:00	LL
	Tue	6:45	LL
	Thur	4:30	LM

Int I+

(10-12)	Mon	6:00	MH
	Thur	6:00	AF
(12+)	Thur	7:30	LB

Int II/III

(10-13)	Mon	5:15	MH
	Wed	7:30	LM
	Thur	6:45	LB

Advanced ②

Adv 4	Tue	4:30-6	CP
Adv 3	Tue	5:15	NG
Adv 3	Wed	8:15	LB
Adv 2	Thur	6-7:30	CP
Adv 1 ③	Tue	7:30-9	CP
	Thur	7:30-9	CP*
APro ③	Tue	6-7:30	CP
	Thur	4:30-6	CP*
	Sat	12-1:30	NB

****Last 30 min is Variations/Partnering**

Ballet Technique ⑥

Taken with additional ballet class to further reinforce ballet posture, correct placement of hands and arms, and to strengthen legs and feet through barre, center and across the floor exercises.

(Levels I, I+, II/III, Adv 4)

	Fri	4:15-5:15	NB
	Sat	9:15-10:15	NB

Ballet Technique II with Pointe ⑥

Taken with additional ballet class to continue refining skills through practice using harder exercises, balance, control and posture. Pointe portion is last 30-45 minutes of class and builds on proper foot placement and strength.

(Levels Adv Pro, Adv 1, Adv 2, Adv 3)

	Fri	5:15-6:45	NB
	Sat	10:15-12	NB

Beginning/Int

(8-10)	Wed	6:00	LL
	Thur	4:30	TA
(11+)	Mon	8:15	AS

Int I

(9-11)	Tue	6:00	TA
	Thur	5:15	TA

Int II

(10-13)	Tue	4:30	TA
	Wed	5:15	TA

Int III

(10-14)	Thur	7:30	TA
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Int IV

(11-14)	Tue	7:30	TA
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Int V/VI

(13+)	Mon	8:15	AF
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Advanced ②

Dance Co 1

	Wed	6:45	TA
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Dance Co 2

	Wed	6:00	TA
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Diamonds

	Wed	7:30	TA
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Adv	Thurs	8:15	TA
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Acro ⑥

Beginning/Intermediate levels work on cartwheels, handstands and back flexibility, etc. and build on strength. Levels I-Advanced progress to more advanced acro movements focusing on control and flexibility.

See Class Description page for more information.

Beg/Int

(Grades 1-4)	Mon	4:30	NG
(Grades 5+)	Tue	7:30	NG

I	Tue	6:00	NG
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II	Sat	10:30	LAB
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III	Mon	6:45	AF
	Sat	12:00	LAB

Adv ②

(Grades 7+)	Sat	11:15	LMB
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Aerial Silks

(Grades 6+)	Wed	4:30	AF/LL
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Beginning/Int

(7/8)	Tue	4:30	NG
(8-10)	Wed	4:30	MH
(11+)	Mon	7:30	AS

Int I

(8-11)	Wed	5:15	MH
	Thur	4:30	LL
(12+)	Mon	6:45	HT

Int II/III

(10-12)	Mon	6:00	AF
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Int IV/V

(11+)	Mon	7:30	LL
	Thur	4:30	AF

Int VI/VII

(12+)	Mon	6:45	AS
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Advanced ②⑤

Dance Co 1

	Wed	5:15-6:30	LSF/AF
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Dance Co 2

	Tue	6:00	LSF/AF
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Adv

	Tue	6:00	LL
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	Thur	8:15	AF
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Dance Teacher Training ⑥

This course will teach dancers how to assist classes and be a great role model for younger dancers.

Dancers must be prepared to attend weekly class, participate fully as a student, and lead class in teaching practicums, choreography, and class planning.

(Grade 7+)	Mon	4:30	MH
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**See back for:
Instructors,
notes, and
more classes!**

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Pointe ②⑤	Hip Hop	Musical Theater	Instructors
Pre-Pointe ④⑥	Beginning/Int	I - (Grades 3-5)	
Mon 4:30 LM	(7-9) Mon 6:00 NG	Mon 4:30 MF	TA Tom Alexander
Wed 6:45 LB	(10+) Wed 6:45 KW	Mon 5:15 MF	NB Nickolai Balatsenko
Thur 6:00 LL			JB Jennifer Baxter
Beg	Int I	II - (Grades 6-8)	LAB LeeAnn Bushar
	(8-11) Mon 5:15 NG	Tues 8:15 NG	LB Linda Boyle
Tue 7:30 LL	Wed 7:30 KW		AF Abby Forrester
Thur 5:15 LL		III - (Grades 9-12)	MF Mary Anne Furey
	Int II/III	Wed 8:15 MP	NG Nikki Gambhir
Int I/II	(9-13) Mon 6:45 NG		MH Melissa Hargett
Wed 5:15 LL		Performing Groups	LL Lauren Long
Thur 7:30 AF	Int IV		LM Lisa Mitchell
	(10-14) Mon 8:15 SP	<i>Company groups with classes in Jazz, Lyrical/Contemporary, Hip Hop and Technique. Performance and Competition opportunities throughout the year.</i>	SP Stephanie Patterson
Int III/IV	Int V/VI	<i>Rhinestones & Crystals must enroll in at least one other dance class. Diamonds must enroll in at least four other dance classes and Dance Company at least five other dance classes (Diamonds – must include ballet and jazz; Dance Co must include 2 ballet and jazz) and is Director's invitation only. Ensemble – See Class Description page for more information.</i>	MP Mary Payne
Thur 7:30 LL	(10-14) Tue 6:45 KS		CP Carmen Perez
Advanced ②	Advanced ②		AS Alli Smith
Adv 2 Thur 6:45 AF	Dance Co 1		KS Katie Storch
Adv 1 Thur 6:45 LL	Tue 8:15-9:15 LSF/AF		LSF Laura Steen Fong
Adv Pro Tue 7:30 LSF/AF	Dance Co 2		HT Hilary Tone
Sat 1:30-2:30 NB	Tue 6:45 LSF/AF		KW Karlyn Williams
	Diamonds		MW Meg Winstead
	Tue 5:15 LSF/AF		
Leaps, Tricks, Turns/Dance Improvisation ⑥	Adv Tue 7:30 KS		
	Tap		
Beg/Int (9+) Tue 6:45 NG	Beginning/Int		
Int/Adv (12+) Mon 7:30 AF	(8-10) Wed 5:15 JB		
	Thur 6:00 TA		
	(11+) Wed 8:15 KW		
Modern	Int I	Rhinestones (Grades K-3rd)	
Beg/Int	(9-11) Wed 4:30 TA	Fri 4:30-5:15	
(8-11) Mon 6:45 SP	Thur 6:45 TA		
Int	Int II/III	Crystals (Grades 3rd-8th)	
(9-14) Mon 7:30 SP	(10-12) Tue 6:45 TA	Fri 5:15-6:15	
Thur 5:15 AF	Int IV/V	Diamonds (Grades 6th-12th)	
Adv	Tue 5:15 TA	②⑤ Wed 6:30-7:30	
(13+) Wed 6:45 LL	Wed 8:15 TA	Dance Company 1 & 2	
Adv Pro ②⑤	Int VI/VII	②⑤ Wed 7:30-9:00	
(13+) Mon 6:45 LL	Tue 8:15 TA	Ensemble ②⑤	
	Advanced 1 ②	Fri 5:15-6:15	
	Mon 8:15 HT	Adv Tue 4:15-5:15	
	Advanced Pro ②	Pro Thur 3:30-4:30	
	Mon 7:30 HT	Technique Fri 4:00-5:15 LL	

Notes

- ① All classes are 45 min unless otherwise indicated
- ② Director's approval necessary
- ③ This ballet level must be taken at least twice a week (or with a Ballet and Pointe Tech class or another ballet class)
- ④ Pre-Pointe is a pre-requisite for Pointe and is in addition to a regular ballet class.
- ⑤ Students in this class must also take ballet.
- ⑥ No Recital

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